

Because we all want the best for our children

be prepared to keep them safe and help them in an emergency situation

Learning First Aid & CPR is as essential as learning to walk or to read. First Aid & CPR skills are applicable in your daily life, both at home and at work, and prepare you to act on, prevent, and manage life's emergencies. Before a professional responder can help, there are situations when people like you make all the difference in helping their own child or someone else in need.



The Canadian Red Cross created the Child Care First Aid & CPR course to help parents and caregivers gain the necessary knowledge to create a safe environment for children and to deal with injuries and conditions, from simple to complex – with information in **easy-to-follow steps**.

The Red Cross created this course with you, our participant, in mind – to make it as easy as possible for you to attend a course and retain the information. The flexible course schedule can adapt to your busy lifestyle. During the course, our well-trained **Red Cross First Aid Instructors** monitor your progress and provide you with continuous feedback to help increase your skill retention. The take-home materials are easy to use and can be used as quick reference after the course as well.

Our courses are based on a combination of teaching techniques that include:

- DVD support (video footage)
- PowerPoint presentation
- Instructional posters
- Skills demonstration and practise
- Scenarios
- Exercises
- Class discussions and Q&A

You will practise on a **variety of training materials** to help you develop your skills, such as mannequins for practising CPR, AED trainers, bandages, splinting materials, barrier devices, first aid kits, epinephrine auto-injector trainers, Metered Dose Inhalers and spacers etc.

Training tips:

- *First Aid & CPR knowledge should not be the sole responsibility of only one member of a family. We can all help if an emergency occurs. Make the training session a family experience and benefit from special pricing.*
- *Children and younger family members can also learn what to do in an emergency situation. Please check with us on the availability of First Aid training courses for children and youth.*

For more information on scheduling Red Cross Child Care First Aid & CPR training please contact us:



Save-A-Life
CPR & First Aid Training

(519) 624-3986

TOLL FREE: 1-866-624-3986

www.redcross.ca | 1.877.356.

Canadian Red Cross Standard Child Care First Aid & CPR Course

Includes 2005 First Aid & CPR Guidelines.

Comprehensive First Aid & CPR training for those who want more knowledge to respond to babies' and children's injuries and emergencies at home. The course covers a variety of topics from basic (such as cardiovascular emergencies for adults, children, and babies, CPR Level B, choking, airway and breathing emergencies, and prevention of disease transmission) to in-depth topics, such as sudden medical conditions, and injuries to the head and spine.

About this course

- 16–20-hour course with flexible scheduling options
- Includes CPR Level B (for families, parents, general public, and child care professionals)
- Includes an introduction to AED (additional skills are included as provincial medical control allows)
- Provides you with a 3-year certification (you can take a short recertification session every 3 years)

Who should attend

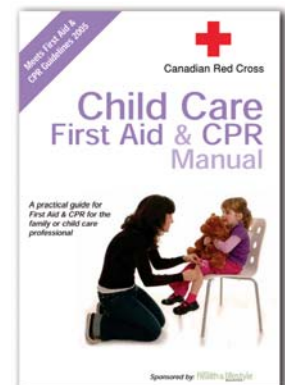
Parents and any family member who cares for a baby or child

What you will learn

- How to respond to emergencies
- The EMS system
- The 3 key principles in First Aid - Check, Call, Care
- How to deal with
 - Airway Emergencies
 - Breathing & Circulation Emergencies
- First Aid for respiratory & cardiac arrest
- First Aid for head & spine injuries
- First Aid for bone, muscle & joint Injuries
- Wound Care
- How to deal with sudden medical conditions and environmental emergencies
- First aid for poisons
- Dealing with childhood illnesses
- How to keep children safe

Take-home materials

- Red Cross **Child Care First Aid & CPR Manual** **NEW**
- Certification card



Sign up for the Canadian Red Cross Standard Child Care First Aid & CPR course today!

Canadian Red Cross Emergency Child Care First Aid & CPR Course

Includes 2005 First Aid & CPR Guidelines.

Overview of First Aid & CPR techniques taught in an interactive environment, for individuals who care for babies or children at home. It covers skills needed to recognize, prevent and respond to cardiovascular emergencies for adults, children, and babies, CPR Level B, and other topics including choking, airway and breathing emergencies, and prevention of disease transmission.

About this course

- 8-hour course with flexible scheduling options
- Includes Level B CPR (families, parents, general public, and child care professionals)
- Includes an introduction to AED (additional skills are included as provincial medical control allows)
- Provides you with a 3-year certification

Who should attend

Parents and any family member who cares for a baby or child

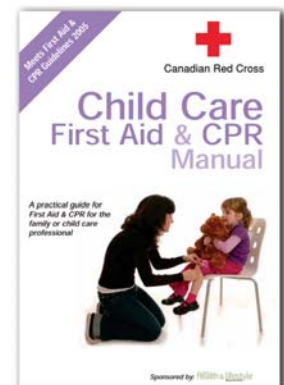
What you will learn

- | | |
|---|--|
| <ul style="list-style-type: none"> ■ How to respond to emergencies ■ The EMS system ■ The 3 key principles in First Aid - Check, Call, Care ■ How to deal with <ul style="list-style-type: none"> ○ Airway Emergencies ○ Breathing & Circulation Emergencies ■ First Aid for respiratory & cardiac arrest | <ul style="list-style-type: none"> ■ First Aid for head & spine injuries ■ First Aid for bone, muscle & joint injuries ■ Wound Care ■ How to deal with sudden medical conditions and environmental emergencies ■ First aid for poisons ■ How to keep children safe |
|---|--|

All topics are covered in-depth in the Standard Child Care First Aid & CPR course.

Take-home materials

- Red Cross **Child Care First Aid & CPR Manual** NEW
- Certification card



Sign up for the Canadian Red Cross Emergency Child Care First Aid & CPR course today!